SERVICE FOR VICTIMS OF VIOLENCE

Confidential. Free of charge. For everyone. 052 625 25 00





I never thought it would happen to me.

Have you or someone close to you experienced physical, psychological or sexual violence? Have you been physically assaulted or received threats? Whether you have experienced violence yourself or witnessed it, it's usually unexpected, triggers feelings of helplessness, anger or fear and turns your life upside down. We at the service for victims of violence provide support and advice in these situations – from how to cope psychologically with the experience of violence, to clarifying legal issues and finding emergency accommodation.



Confidential. Free of charge. For everyone.

Confidentiel. Gratuit. Pour toutes et pour tous.

Confidencial. Gratis. Para todos.

Поверљиво. Бесплатно. За сваког.

Konfidenciale. Pa pagesë. Për të gjithë.

Anonim. Ucretsiz. Herkes için.

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Конфиденциально. Бесплатно. Для всех.

ரகசியமானது. இலவசம். அனைவருக்குமானது.

سريّ. مجانيّ. للجميع.

Download our Flyer in your language fsgb-sh.ch/downloads



We can help if you're experiencing violence

All communication is completely confidential and is subject to the legal obligation of secrecy.

Domestic violence

- ▶ Has your partner hit you?
- Are you being threatened by your child?
- Are you being verbally abused, harassed, injured or coerced by a family member?
- Is a person close to you a victim of domestic violence?

Sexual violence

- Have you been forced into sexual acts?
- Have you experienced sexual harassment (e.g. through words, gestures, touching or messages) at work, in your free time or at school?
- Have you been raped or sexually assaulted?
- Is a person close to you a victim of sexual violence?

Violence against children and adolescents

- Are you being beaten or kicked by your parents, relatives or others?
- Has someone threatened, verbally abused or blackmailed you on the internet, at school, in your free time or at home?
- Has someone forced you to perform sexual acts?
- Do you know someone who is a victim of violence?

Violence in general

- Have you been assaulted and injured by another person?
- Have you been in a road accident and injured?
- Are you being stalked, followed or harassed by someone on the internet or in real life?
- Are you a victim of compulsory welfare measures (foster care)?
- Have you been affected by forced marriage or human trafficking?
- Is a person close to you a victim of violence?

This is what we do

We offer advice:

- > on the violence experienced.
- > on planning the next possible steps.
- > on your rights as a victim.
- > on filing a criminal complaint.

We offer support:

- > in processing the experience of violence and its psychological consequences.
- in coping financially with the violence suffered.
- > in finding professional, psychological and legal support.
- in finding emergency accommodation.

We provide clarity:

- on how to take the next steps.
- > on the financial benefits you can claim.
- on finding further support and assistance.



Advice for professionals

Who are we here for?

Everyone. We support social workers, teachers, doctors, employers and anyone who comes into contact with violence and people affected by violence in their daily work.

What does our service provide?

As a specialised service with extensive knowledge about people affected by violence, we offer space for professional reflection as well as professional counselling on the issue of violence. We show you ways to address a suspicion of violence, inform you about possible courses of action, advise you on how to deal with those affected by violence and help you to plan the next steps as well as to raise awareness of this

issue in your (work) environment.

How does this service help me?

First of all, you will learn what you can do in your role, how you can provide the best support for those affected by violence and which actions may actually be detrimental. You will become more aware of the issue of violence and gain a better understanding of what causes violence.

When should I contact you?

Anyone can contact us, but preferably as early as possible, of course. We also offer prevention programmes for schools, associations, companies, etc. – and would be happy to discuss these with you in person.



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Telephone hours:

/londay to Friday: 8.00 a.m. – 12 noon and 1.30 p.m. – 5.00 p.m.

